

Positive affirmations for self-love PDF

Here is a list of 100 positive affirmations for self-love as a free downloadable PDF.

100 affirmations for self-love and confidence

1. I allow myself to express my feelings, thoughts, and emotions whenever necessary.
2. I let go of the things that are beyond my control.
3. My flaws and abilities are both mine, and I accept them entirely.
4. I release all the guilt from me.
5. I am at peace with myself.
6. I forgive myself for the mistakes I have made in the past.
7. I give myself space to heal.
8. My mistakes make me a more robust version of myself.
9. I grow every day.
10. I am beautiful, externally and internally.
11. I take care of my body and mind.
12. I am strong, fearless, and courageous.
13. I accept each part of myself because it is entirely mine.
14. My imperfection makes me more beautiful.
15. I love myself the way I am.
16. I am kind towards myself and others.
17. I love the personality traits.
18. I have abundant love for myself.
19. I am filled with positive energy.
20. I love the way I am transforming every day.
21. I love myself without any boundaries.
22. I matter to myself.
23. I accept my emotions and love them wholeheartedly.
24. I am unique to myself.
25. I love myself fiercely.
26. I am worthy of all the good things that come to me.
27. I have a life that is surrounded by love and joy.
28. I love myself without any limits.
29. I am grateful for the person who I am.
30. My love for myself empowers me every day.

31. I have everything that I need to achieve my goals.
32. I am stronger than any fear.
33. I am in control of my emotions.
34. I am all right with leaving my comfort zone.
35. I accept myself as I am.
36. Being confident is natural to me.
37. I speak with confidence because I trust myself.
38. No matter what, I will always come stronger.
39. I let go of my insecurities and negative emotions.
40. My goals are possible.
41. I am not afraid of the unexpected situations.
42. My confidence grows every day.
43. Once I set my mind on something, I only stop after achieving it.
44. My happiness depends on myself.
45. I am grateful for my life's journey.
46. I am comfortable expressing my needs and desires.
47. I stand by my decisions.
48. I am a person who is fuelled by the passion.
49. My challenges bring out the best in me.
50. I am building a beautiful life.
51. I am the creator of my own destiny.
52. The work I do is transforming me.
53. My path is taking me towards my goals.
54. I choose my happiness.
55. I am persistent.
56. I always give my best in whatever I do.
57. I am an inspiration to myself.
58. I feel optimistic about my future.
59. I deserve the compliments that I receive.
60. People respect and admire me for who I am.
61. It is okay to make mistakes.
62. As I change and learn, I take care of myself.
63. I listen to my feelings and respond accordingly.
64. I am letting go of thinking about what others have perceived about me.
65. I release my negative self-talk from my mind.
66. I treat myself with all the love.
67. I give myself space to take risks and be involved in experiments.
68. I allow myself to make mistakes.
69. I give myself the attention that I need.
70. My imperfections make me human.

71. I am worthy of forgiveness.
72. I can handle discomfort.
73. Self-care is essential for my health.
74. I love myself at each stage of my life.
75. I treat myself the way I treat people I love.
76. I focus on the positive things about me.
77. I express myself confidently.
78. I give myself time to heal.
79. I prioritize my needs.
80. I am kind towards myself and others.
81. I attract prosperity and success.
82. I deserve success and abundance.
83. I have blessings of success
84. I have abilities to gain victory
85. I am confident about my ability to succeed.
86. I deserve to get prosperity.
87. I claim success.
88. I am optimistic about achieving success in my life.
89. My hard work is paying off, and I am successful.
90. I embrace triumph.
91. Prosperity is on my way.
92. I open myself to new opportunities.
93. I choose thoughts that create success.
94. I make my own advancement.
95. My future has abundant possibilities.
96. I am accomplishing my goals.
97. My aspirations are coming true.
98. I radiate energies that lead me towards success.
99. The universe is helping me to achieve my ambitions.
100. Everything I desire, I get that.

<https://mindbless.com>